

14.1.1 **COMMUNITY CAPACITY BUILDING AND EMPOWERMENT**

14.1.01 **Introduction**

This module unit is intended to equip the trainee with knowledge, skills and attitudes that will enable him/her to initiate, plan and undertake community capacity building and empowerment activities.

14.1.02 **General Objectives**

By the end of this module unit, the trainee should be able to:

- a) appreciate the importance of community capacity building and empowerment in social development
- b) understand the community empowerment cycle and techniques
- c) initiate and manage community capacity building and empowerment programmes

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14.1.03

SUMMARY OF TOPICS AND TIME ALLOCATION

CODE	TOPICS	SUB-TOPICS	HOURS
14.1.1	INTRODUCTION TO CAPACITY BUILDING AND EMPOWERMENT	<ul style="list-style-type: none"> • Meaning of capacity building and empowerment • Importance of capacity building and empowerment • Elements of community strength • Players in community capacity building and empowerment • Levels of social agency • Challenges in capacity building and empowerment • Remedies to the challenges 	20
14.1.2	COMMUNITY CAPACITY BUILDING AND EMPOWERMENT INDICATORS	<ul style="list-style-type: none"> • Meaning of capacity building and empowerment indicators • Types of capacity building and empowerment indicators • Strategies for building capacity • Factors to consider in identifying modes of empowerment 	15
14.1.3	COMMUNITY EMPOWERMENT CYCLE	<ul style="list-style-type: none"> • Meaning of empowerment cycles • Community empowerment cycle • Elements in community empowerment • Community empowerment program • Challenges in community empowerment programme 	10
14.1.4	TECHNIQUES OF CAPACITY BUILDING AND EMPOWERMENT	<ul style="list-style-type: none"> • Techniques of capacity building and empowerment • Factors influencing choice of capacity building techniques • Challenges of capacity building techniques 	10

14.1.5	PROCESS OF CAPACITY BUILDING AND EMPOWERMENT	<ul style="list-style-type: none"> • Training needs assessment • Identification of the target group • Categorization of trainees • Identification of trainers/facilitators • Planning for the training • Implementation of the training • Monitoring and evaluation of the training 	10
14.1.6	LEADERSHIP DEVELOPMENT	<ul style="list-style-type: none"> • Meaning of leadership • Strategies for building leadership • Challenges for leadership development programme • Leadership and capacity building 	10
14.1.7	ORGANISATION DEVELOPMENT	<ul style="list-style-type: none"> • Role of organizational development • Strategies to foster organizational development and capacity building • Relationship between organizational development and capacity building 	10
14.1.8	EMERGING TRENDS IN CAPACITY BUILDING AND EMPOWERMENT	<ul style="list-style-type: none"> • Trends in capacity building and empowerment 	5
TOTAL HOURS			90

14.1.1

INTRODUCTION TO CAPACITY BUILDING AND EMPOWERMENT

Specific Objectives

By the end of this topic, the trainee should be able to:

- a) explain the meaning of capacity building and empowerment
- b) explain the importance of capacity building and empowerment
- c) discuss the elements of community strength
- d) discuss players in community capacity building and empowerment
- e) describe the levels of social agency
- f) discuss the challenges in capacity building and empowerment
- g) describe the remedies to the challenges

14.1.1.1

Meaning of capacity building and empowerment

- Definitional framework

14.1.1.2

Importance of capacity building and empowerment

14.1.1.3

Elements of community strength

14.1.1.4

Players in community capacity building and empowerment

14.1.1.5

Levels of social agency

14.1.1.6

Challenges in capacity building and empowerment

14.1.1.7

Remedies to the challenges

14.1.2

CAPACITY BUILDING AND EMPOWERMENT INDICATORS

Specific Objectives

By the end of this topic, the trainee should be able to:

- a) explain the meaning of capacity building and empowerment indicators
- b) discuss various types of capacity building and empowerment indicators
- c) discuss the strategies for building capacity
- d) describe the types of capacity building
- e) discuss the factors to consider in identifying modes of empowerment.

14.1.2.1

Meaning of capacity building and empowerment indicators

14.1.2.2 Types of capacity building and empowerment indicators

- Economic
- Health and sanitation
- Political
- Social
- Cultural
- Technological psycho-spiritual

14.1.2.3 Strategies for building capacity

14.1.2.4 Types of capacity building

14.1.2.5 Factors to consider in identifying modes of empowerment

14.1.3 **COMMUNITY EMPOWERMENT CYCLE**

Specific Objectives

By the end of this topic, the trainee should be able to:-

- a) explain the meaning of empowerment cycle
- b) explain the meaning of community empowerment cycle
- c) describe the elements in community empowerment
- d) design Community Empowerment programme
- e) discuss the challenges in community building and empowerment

14.1.3.1 Meaning of empowerment cycle

14.1.3.2 Community empowerment cycle

14.1.3.3 Elements in Community Empowerment

- Change in attitudes
- Promoting and consolidating organization
- Capacity building
- Economic flowering
- Improving living standards
- Networking and linkages
- Participatory evaluation

14.1.3.4 Community Empowerment programme

14.1.3.5 Challenges in capacity empowerment programme

14.1.4 TECHNIQUES OF CAPACITY BUILDING AND EMPOWERMENT

Specific Objectives

By the end of this topic, the trainee should be able to:

- a) discuss various techniques of capacity building and empowerment
- b) discuss the factors to consider in choosing capacity building techniques
- c) discuss the challenges of each technique

14.1.4.1 Techniques of capacity building and empowerment

14.1.4.2. Factors to consider in choosing capacity building techniques

14.1.4.3 Challenges of each capacity building technique

14.1.5 PROCESS OF CAPACITY BUILDING AND EMPOWERMENT

Specific Objectives

By the end of this topic, the trainee should be able to:

- a) carry out training needs assessment
- b) identify the target group
- c) categorize trainees according to their training needs
- d) identify trainers/facilitators
- e) plan for the training
- f) implement the training
- g) Monitor and evaluate the training

14.1.5.1 Training needs assessment

14.1.5.2 Identification of the target group

14.1.5.3 Categorization of trainees

14.1.5.4 Identification of trainers/facilitators

14.1.5.5 Planning for the training

- Budget
- Training Venues
- Facilities

14.1.5.6 Implementation of the training

14.1.5.7 Monitoring and evaluation of the training

18.1.6 LEADERSHIP DEVELOPMENT

Specific Objectives

By the end of this topic, the trainee should be able to:

- explain the meaning of leadership
- discuss the strategies for building leadership
- discuss the challenges for leadership development programme
- describe the relationship between leadership and capacity building

14.1.6.1 Meaning of leadership

14.1.6.2 Strategies for building leadership

14.1.6.3 Challenges for leadership development programme

14.1.6.4 Leadership and capacity building

14.1.7 ORGANIZATIONAL DEVELOPMENT

Specific Objectives

By the end of this topic, the trainee should be able to:

- describe the role of organizational development
- discuss the strategies to foster organizational development and capacity building
- describe the relationship between organizational development and capacity building

14.1.7.1 Role of organizational development

14.1.7.2 Strategies to foster organizational development and capacity building

14.1.7.3 Relationship between organizational development and capacity building

14.1.8 EMERGING TRENDS IN CAPACITY BUILDING AND EMPOWERMENT

Specific Objectives

By the end of this topic the trainee should be able to

- a) discuss emerging trends in capacity building and empowerment

14.1.8.1 Emerging trends in capacity building and empowerment

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